

Summer Strawberry Salad Burger

Wine Pairing: Sutter Home White Zinfandel

Burger Type: Chicken Bun Type: Challah Roll

Tiana Magdamo Leander, Texas

INTRODUCTION:

I wanted to capture the light sweetness of summer in a fun way. This burger captures the tastes of summer in every bite!

Serves: 6 Regular-Sized Burgers

INGREDIENTS:

- 1 Pound ground chicken
- 1 Small onion
- 1 Pinch ground pepper, or to taste
- 2 Tablespoons balsamic vinegar
- 1 Teaspoon dijon mustard
- 1 Teaspoon honey
- 4 Ounces feta cheese, crumbled
- 5 Ounces baby arugula
- 8 Fresh sweet strawberries, sliced
- 1 Small avocado, sliced
- 1 Bottle White Zinfandel

INSTRUCTIONS:

1. To begin, get a small bowl and whisk together the balsamic vinegar, dijon mustard and honey to create a blended dressing; set aside



- 2. Dice 1 small onion and sauté until translucent and slightly browned; set aside and wait until cooled
- 3. Mix together the ground chicken, sautéed onion, 3/4 of the feta cheese and pepper
- 4. Form 6 patties and cook until cooked through and browned on both sides
- 5. Top with additional feta cheese and allow to melt just slightly
- 6. Gently dress greens with the homemade dressing
- 7. Top burger with baby arugula, avocado and strawberry slices, serve on challah bun and pair beautifully with White Zinfandel wine. Enjoy!