

Red, White, Black & Blue Burger

Wine Pairing: Sutter Home Cabernet Sauvignon

Burger Type: Beef Bun Type: Other

Belinda Breyer Shingle Springs, California

INTRODUCTION:

This burger was inspired by my favorite things, crispy hash browns, blue cheese spread (the kind that came in a ceramic crock), and grilled onions from my teenage days in LA at one of the original drive-throughs on Route 66. And of course, wine!

Serves: 8 Regular-Sized Burgers

INGREDIENTS:

Burger:

- 1 Pound red onion, thinly sliced
- 3 Tablespoon Sutter Home Zinfandel Port
- 1 Tablespoon balsamic vinegar
- 1 ¹/₂ Teaspoons fresh rosemary
- 10 ¹/₂ Ounces blue cheese
- 12 Tablespoons mayonnaise
- 6 Tablespoons plain yogurt
- ³/₄ Teaspoon Worcestershire sauce
- 2 Pounds ground beef (80/20)
- 4 ¼ Pounds russet potatoes, coarsely shredded
- Cooking oil as needed for ¹/₂ depth in frying pan
- 1 Pinch of salt, or to taste
- 1 Pinch of pepper, or to taste
- 8 Pieces leaf lettuce
- 4 Inch ring mold

INSTRUCTIONS:

- 1. Make glazed onions by adding onions to a non-stick skillet to cook for 2 minutes over medium heat until they start to soften, stirring regularly
- 2. Add 1 tablespoon Port and stir until evaporated (about 1 minute), then add another 1 tablespoon Port and rosemary, cooking for 2 minutes



- 3. Add 1 tablespoon balsamic vinegar and remaining 1 tablespoon Port then remove from heat
- 4. While onions are cooking add blue cheese, mayonnaise, yogurt, and Worcestershire to food processor, blend until spreadable but still chunky
- 5. Next shred potatoes, salt lightly, and put potatoes in a dish towel and squeeze to get rid of moisture
- 6. Take ring mold and press potatoes firmly into ring mold (they should be ¹/₂-inch thick; repeat 16 times)
- 7. Heat ¹/₂-inch of oil to 350 degrees Fahrenheit and fry potato rounds for 3 minutes per side or until dark golden brown
- 8. Carefully flip and cook until golden brown then remove and let drain on paper towels
- 9. Form 8 ground beef patties 4-inches in diameter
- 10. On a plate sprinkle salt and fresh pepper then roll and gently press each patty on both sides with salt and pepper
- 11. Cook patties on a grill to 160 degrees Fahrenheit or about 3 to 4 minutes per side
- 12. Assemble burgers, by spreading potato round with blue cheese mixture, then add a patty, onions, lettuce and top with another potato round
- 13. When done, lift a glass and say bon appetit!