

# **Bacon Jam Bison Burger**

Wine Pairing: Sutter Home Merlot

Burger Type: Bison
Bun Type: Pretzel Bun

Lauren Thornton Goose Creek, South Carolina

### **INTRODUCTION:**

Packed with bacon and a hint of sweetness, this easy to make bison burger will steal your hearts and make your tummies happy!

Serves: 6 Regular-Sized Burgers

# **INGREDIENTS:**

# **Burger:**

- 3 Pounds ground bison
- 1-2 Tablespoons olive oil
- 1 Pinch salt, or to taste
- 1 Pinch pepper, or to taste
- 1-2 Tablespoons garlic powder (more or less if you prefer)
- 2 Tablespoons butter
- 6 Slices Muenster Cheese
- 6 Pieces butter lettuce
- 6 Pretzel rolls

#### **Bacon Jam:**

- 1 Pound thick cut bacon (my favorite is smoke flavored)
- 2 Large sweet onions
- ½ Cup brown sugar, packed



- 1 Pinch cinnamon
- 1 Tablespoon balsamic vinegar (apple cider vinegar is okay too)
- <sup>2</sup>/<sub>3</sub> Cup water

#### **INSTRUCTIONS:**

#### **Bacon Jam:**

- 1. Heat a large skillet to medium-high heat (about 350 degrees Fahrenheit)
- 2. While the skillet is heating, chop bacon into medium sized pieces, add bacon to hot skillet and cook until chewy, about 8 to 10 minutes
- 3. While bacon is cooking, chop onions into quarters and thickly slice them
- 4. Once the bacon is done cooking, pour out all of the bacon drippings except for 1 to 2 tablespoons, place onion in the skillet to cook for about 8 to 10 minutes with reserved drippings, then turn heat down to low, about 250 degrees Fahrenheit
- 5. Add the ½ cup brown sugar and the pinch of cinnamon, then stir with the onions
- 6. Continue to cook onions for about 18 to 20 minutes on low until caramelized
- 7. Add the bacon pieces back to the caramelized onions, along with \( \frac{7}{3} \) cup of water, stir and continue to slowly cook on low for about 25 to 30 minutes, stirring every 5 minutes
- 8. Bacon jam is done whenever it has a jam-like consistency; turn off heat and remove skillet from stove
- 9. Stir in 1 tablespoon balsamic vinegar when removed from heat
- 10. Bacon jam can be immediately used or stored for up to a week in the refrigerator (if it is made in advance, make sure it is room temperature before adding it to your burger; recipe makes 2 cups of bacon jam)

# **Bison Burgers:**

- 1. Form  $\frac{1}{2}$  pound burger patties with your hands, then drizzle patties with 1 to 2 tablespoons of olive oil and season with salt and pepper until all are covered
- 2. Sprinkle each side of the patties with garlic powder using at least 1 to 2 tablespoons total for all 6 patties
- 3. Heat a large skillet on medium high heat to about 350 degrees Fahrenheit



- 4. Put 2 tablespoons of butter into the pan and swirl to coat (make sure the butter does not burn/brown) then add your patties
- 5. Cook for 6 to 7 minutes before flipping, allowing the burger to get a nice sear
- 6. Flip the patties and cook for another 5 or so minutes
- 7. During the last minute, place 1 slice of Muenster cheese per burger patty and wait for it to melt
- 8. Pull bison burgers from the skillet and place on pretzel rolls
- 9. Top with 1 piece of butter lettuce, a heaping spoonful of bacon jam, then serve!